



# HOFFMAN BROWN COMPANY

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# SAFETY NOTES



## Earthquake Preparedness

Earthquakes occur regularly in California. Experience has shown that those who are prepared feel more secure and are less likely to suffer injuries and costly damage to their homes and businesses. Earthquake preparation can be a good family or community project. To prepare for an earthquake, it is important to keep the following information in mind:

### Home and Family Preparedness

- Create a Family Earthquake Plan for reuniting after an earthquake. Choose an out-of-state friend or relative whom family members can call after the quake to report your condition.
- Know the safe spot in each room (under sturdy tables, desks, or against inside walls).
- Know the danger spots (windows, mirrors, hanging objects, fireplaces and tall furniture).
- Conduct practice drills. Physically place yourself and your children in safe locations.
- Learn how to shut off gas, water and electricity in case the lines are damaged.



### During an Earthquake

- When you feel an earthquake, duck under a desk or sturdy table. Stay away from windows, bookcases, file cabinets, heavy mirrors, hanging plants, and other heavy objects that could fall. Watch out for falling plaster and ceiling tiles. Stay undercover until the shaking stops, and hold onto your cover. If it moves, move with it.
- If you are **OUTDOORS**, move to a clear area away from trees, signs, buildings, electrical wires, and poles.
- If you are **DRIVING** pull over to the side of the road and stop. Avoid overpasses, power lines and other hazards. Stay inside the vehicle until the shaking is over.
- If you are in a **CROWDED STORE OR OTHER PUBLIC PLACE** do not rush for the exits. Move away from display shelves containing objects that could fall.



### After an Earthquake

- Be prepared for aftershocks and plan where you will take cover when they occur.
- Check for injuries. Give first aid, as necessary.
- Remain **CALM** and reassure others.
- Check gas, water and electric lines. If damaged shut off service.
- Tune to an emergency broadcast station on radio or television. Listen for emergency bulletins.



**Helpful Tip:** Create a disaster supplies kit. Be sure to keep the kit where you spend most of your time and that is easily accessible. Here is a list of some basic items to include:

- ✓ Flashlight and extra batteries
- ✓ Nonelectric can opener
- ✓ Cash and credit cards
- ✓ Portable battery operated radio
- ✓ Essential medicines
- ✓ Sturdy shoes
- ✓ First aid kit and manual
- ✓ Emergency food and water
- ✓ Pet Food



For a complete list and more information please visit [www.fema.gov](http://www.fema.gov) and [www.redcross.org](http://www.redcross.org)



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